



"High Desert" is by Philipp Scholz Rittermann. Distinction

Photography, sculpture showcased in Escondido

"Diorama," an exhibition of photographs and glass art, opens Wednesday at Distinction Artist Studios and Gallery in Escondido.

An opening reception is scheduled from 5 p.m. to 8 p.m. Nov. 12. Work from featured artists Philipp Scholz Rittermann and Robert Verhees will be on display through Dec. 3.

Rittermann, an internationally renowned photographer, will display such pieces as large panoramic sequences and selective focus portraits of landscape. The artist's work has appeared in public, private and corporate collections ranging from the Museum of Modern Art in New York to the Bibliotheque Nationale de Paris.

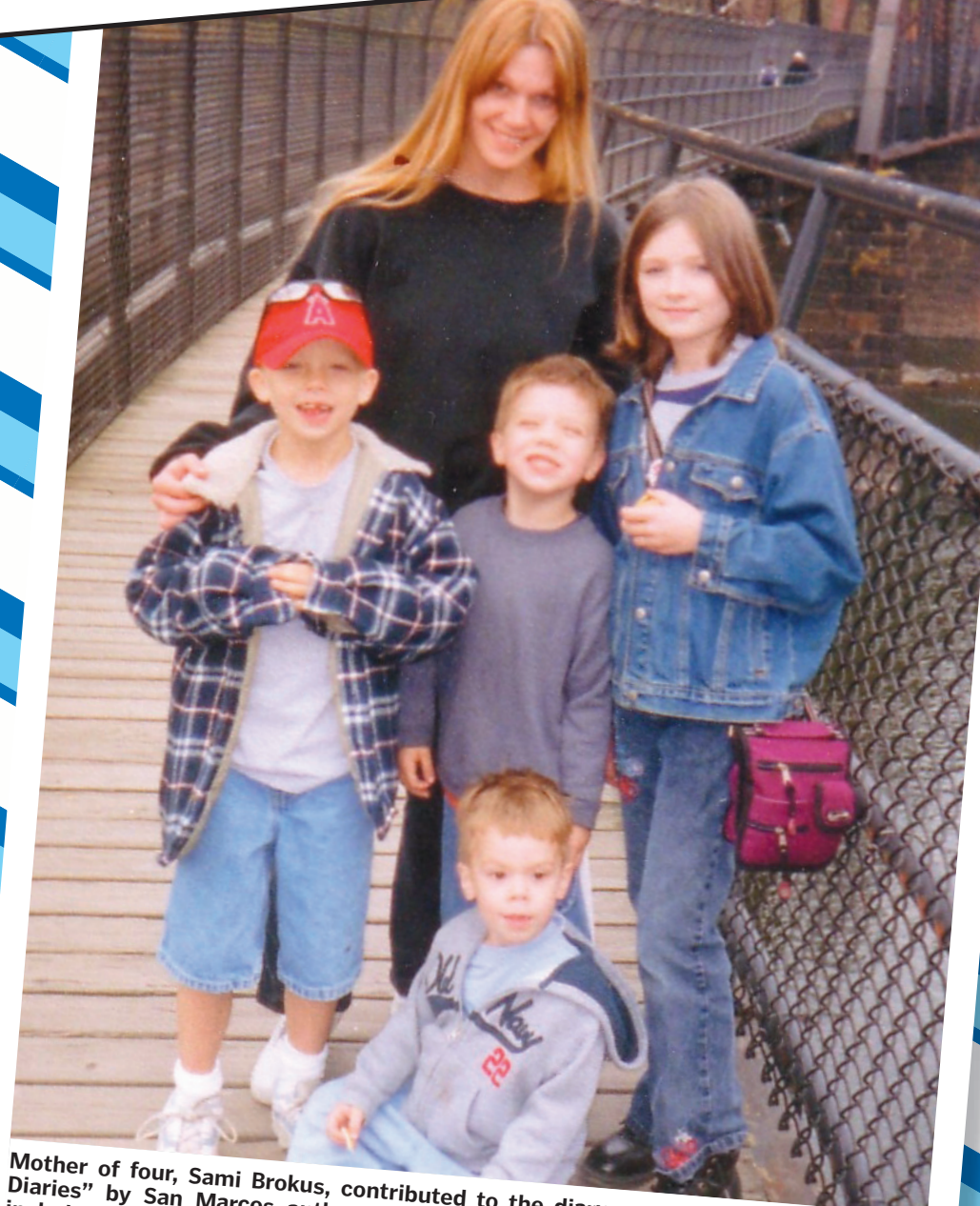
Verhees, who studied environmental design at San Diego State University, uses metal, wood, glass and other natural materials to form sculpture and furniture. He and his partners at Deform Studios worked on restaurants including Ole Madrid, Laurel and Pacific Coast Grill and custom homes in Point Loma and Rancho Santa Fe.

The Distinction gallery, at 317 E. Grand Ave., Escondido, features 14 working artist studios and gallery space for contemporary work. The gallery is open from noon to 5 p.m. Wednesday to Friday, 10 a.m. to 5 p.m. Saturday and by appointment. Entry is free.

For information call (760) 781-5779.

— Kehau Cerizo

True tales from real-life mommys



Mother of four, Sami Brokus, contributed to the diary entries in the "Mommyhood Diaries" by San Marcos author Julie Watson Smith. From left, the Brokus family includes Jordan Brokus, 8, Dakota Brokus, 6, Skyler Brokus, 10, and Julian Brokus, 4, with Sami Brokus in back. Sami Brokus

San Marcos author relates daily challenges of moms

By Christina Chomut | christina@tnews.net

It was just one of those days for San Marcos author and mother of three, Julie Watson Smith.

The kids were crying and fighting, everything was breaking, everything was crashing, juice stains appeared all around the house and anything and everything that could happen, happened. Prompted to ask herself if she was alone in this endless battle of motherhood, Watson Smith began looking for "validation and confirmation" from her peers to find out if other mothers around the world shared her experience and emotions.

After communicating with mothers across the United States and overseas via e-mail, Watson Smith realized there was an unparalleled forum for communication in the first-hand accounts of a mother's daily activities. By networking and connecting with mothers from all walks of life, Watson Smith created a compilation of stories in the form of diary entries titled "Mommyhood Diaries." The culmination of efforts by Watson Smith to tell the story of mothers across the world will come with the release of her debut book on Nov. 1.

Bound by their role as mothers and through a deep love for their children, more than 100 moms — including a rock-star mom from New York,

"Mommyhood Diaries: Living the Chaos One Day at a Time"

WHERE
www.mommyhullabaloo.com
COST \$14.95
CONTACT (877) 485.5222,
info@mommyhullabaloo.com

a young student mom from Norway and a homeless mother from San Diego — offered revealing glimpses of their lives in "Mommyhood Diaries," according to Watson Smith.

Sami Brokus, a mother of four from Abingdon, Md., found contributing to "Mommyhood Diaries" to be a wonderful opportunity to reach other mothers.

"The individual stories of each mom are so unique and so different," Brokus said. "However, each story shows that no matter what social class, religion, lifestyle or ethnicity, as moms, most of our basic hopes, dreams and goals are the same for our children. ... In today's world, it's important to focus on what does bring us together, not what separates us."

Creating a strong sense of community in the book was important to the local author. Feelings of excitement, exhaustion, helplessness, frustration

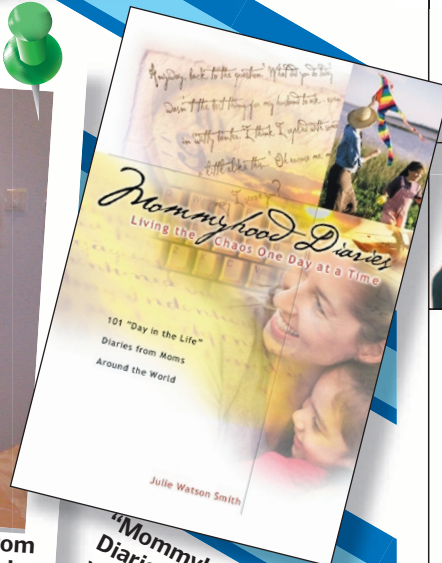
Mommyhood B2 >



San Marcos author Julie Watson Smith records daily motherhood accounts submitted by more than 100 mothers in her new release titled "Mommyhood Diaries." Julie Watson Smith



Maj. Shane Bartee arrived home from Iraq less than 40 hours after baby Samuel was born and came directly to the hospital in his uniform. Susanna Bartee



"Mommyhood Diaries" by Julie Watson Smith will be released on Nov. 1.

Calendar Spotlight



6 p.m. today
Kids for Hurricane Relief benefit concert
Field at Escondido Charter High School, 1868 E. Valley Parkway, Escondido

Donations encouraged
(760) 715-8603

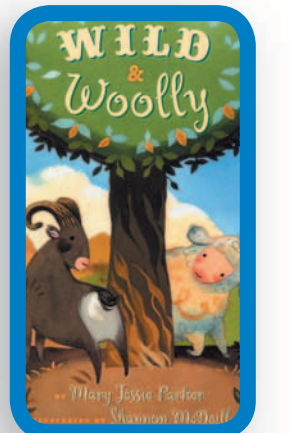
Music



Palomar Chorale, church choir to perform in Vista.

B3

Coming Tuesday



Escondido illustrator draws on talent for cancer fundraiser.



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"Untitled," a glass cluster by Robert Verhees. Distinction

Good news, wine pouring out of Temecula

The good news keeps pouring out of Temecula Wine Country as more wineries come on board with restaurants and chefs who really know what they are doing.

Master chef Steve Hamlin is now offering his rare talents at the Inn at Churton with midweek winemaker dinners. The first of a series will be this Wednesday. Call Churton at (951) 694-9070.

Robert Wood was named executive chef for Café Champagne, the signature dining room at Thornton Winery. He promises fresh new ideas to go along with the new wines that Thornton embraced when winemaker Don Reja arrived.

Temecula will be the site of the first California Regional Wine Tasting in two decades. On March 11 at South Coast Winery Resort & Spa, the Temecula Valley Winegrowers Association will have a special event that celebrates the uniqueness of more than 50 California wines from 13 different winemaking regions.

Sponsored in part by the Winemakers Institute, wines will come from Temecula and other key appellations such as the Napa Valley, Monterey, Mendocino, Sonoma, and Santa Barbara. For advance tickets, call (800) 801-9463.

Maurice Carrie Winery is close to opening its 120-seat Plantation House Restaurant. It will feature a unique blend of Japanese and Southern California

flavors.

The grape harvest in Temecula is producing yields not seen in years, with grape tonnage up as much as 50 percent from last year.

A spokesman explained that it's not the number of grapes on the vine, it's the size of the clusters. At Bella Vista, it was reported that a five-acre block of petite syrah that yielded 5 tons a year ago produced 30 tons this year. Winter rains that flushed the soil of salts really helped the yield.

A peak time to get up to Temecula Wine Country is the Harvest Wine Celebration on Nov. 5 and 6. Sample yourself through the participating wineries and restaurants and meet the winemakers. To reserve tickets, call (800) 801-9463 or go to www.temeculawines.org.

San Diego Food and Wine Festival

Don't miss the San Diego Food and Wine Festival coming Thursday through Nov. 12. Main venues will be Embarcadero Park North downtown San Diego, the Westgate Hotel, Macy's School of Cooking and a number of select fine restaurants. This event caters to the wine and food aficionado.

All proceeds from event auctions will go directly to the American Institute of Wine and Food. You will be able to attend classes and seminars on wine tasting, wine and food pairings and wine paired

By Frank Mangio

A Taste of Wine

The local sip

- **Falkner Winery** in Temecula is having a Harvest Candlelight Wine Dinner on Saturday. A multi-course dinner is planned with individual wine pairings of select Falkner wines. Call (951) 676-8231 for reservations.
- **Witch Creek Winery** in Carlsbad is planning a trip Friday through Sunday to the Harvest Festival in Paso Robles. Participants will pick their own grapes, which will be made into cabernet sauvignon and delivered in bottles with customized labels in 2006. Cost includes two nights'

lodging, wine dinner, barbecue lunch and a case of wine. For details, call (760) 720-7499.

• San Diego Wine and Culinary Center has wine and cheese tastings from 6 to 9 p.m. Thursdays. This Thursday it's wines from **Orfila Winery** in Escondido, and Nov. 3 wines of Alsace, France. Live jazz on the patio complements the occasion. The center, located across from the Convention Center, can be reached at (619) 231-6400.



Carlsbad resident Frank Mangio is a certified wine connoisseur. His column runs on Sunday. Reach him at mangiomp@aol.com.

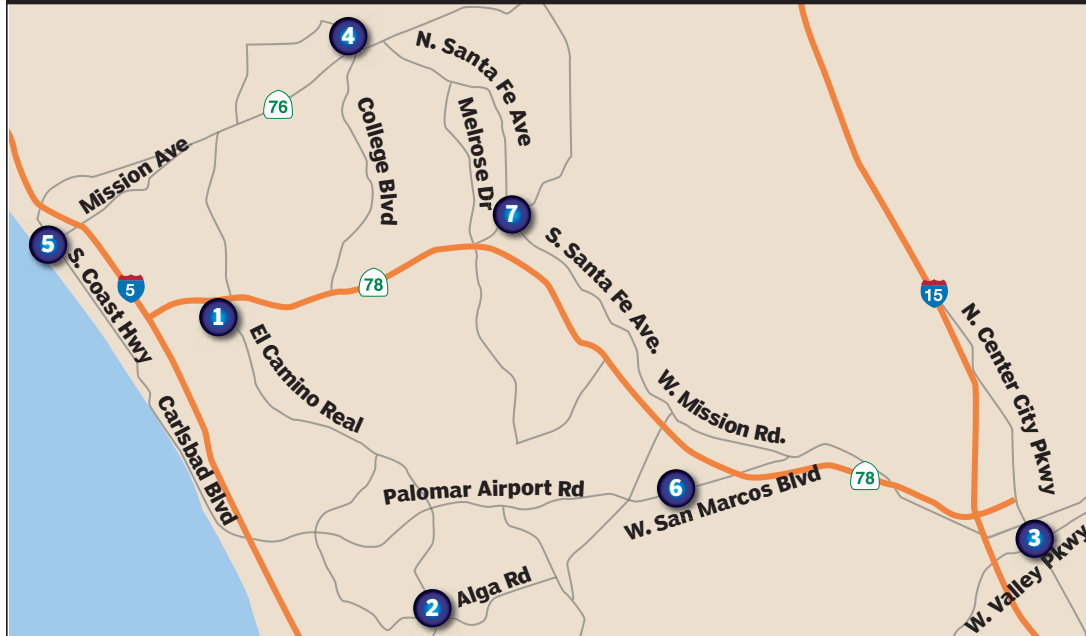
dinners at a number of restaurants.

Thursday and Friday you will enjoy cooking and tasting classes, and Friday night a huge reserve wine tasting and auction will take place at the Westgate Hotel, 1055 Second Ave. in downtown San Diego. The Grand Event, on Saturday from noon to 4 p.m., will be an elegant afternoon of wine tasting with more than 142 wineries and more than 500 different wines at Embarcadero Park near the Convention Center.

A wine treat will be the Westside Grand

Crew, a family of eight winemakers from the popular Paso Robles area including a personal favorite, Justin Vineyards & Winery. Their session will be at the Westgate Friday from noon to 1 p.m. For tickets to each event and details, call (619) 342-7337 or visit www.worldofwineevents.com.

> Now Playing | Movies



CARLSBAD

1. MovieMax Theater Plaza Camino Real 4
760-720-7000 | 2385 Marron Road

Dreamer: Inspired by a True Story Fri-Sat 10:35, 12:45, 3:00, 5:15, 7:25, 9:35; Sun 10:35, 12:45, 3:00, 5:15, 7:25, 9:35; Mon 12:45, 3:00, 5:10, 7:20, 9:30; Tue-Thu 12:55, 3:00, 5:10, 7:20, 9:30

Elizabethtown Fri-Sat 10:45, 1:20, 4:05, 6:45, 9:15; Sun 10:45, 1:20, 4:05, 6:45; Mon-Thu 1:10, 4:00, 6:40, 9:05

North Country Fri-Sat 10:55, 1:35, 4:20, 7:05, 9:45; Sun 10:55, 1:35, 4:20, 7:05; Mon-Thu 1:20, 4:10, 7:00, 9:35

Wallace & Gromit: The Curse of the Were-Rabbit Fri-Sat 10:30, 12:35, 2:45, 5:00, 7:15, 9:25; Sun 10:30, 12:35, 2:45, 5:00, 7:15; Mon 12:30, 2:40; Tue-Thu 12:30, 2:40, 5:00, 7:10, 9:15

The Work and the Glory: American Zion Mon 4:45, 7:10, 9:20

2. UltraStar La Costa 6

760-599-8221 | 6941 El Camino Real

Dreamer: The Movie Fri-Sat 10:00, 12:30, 3:00, 5:30, 8:00, 10:30. \$5 All Day Tuesday; Sun-Thu 10:00, 12:30, 3:00, 5:30, 8:00. \$5 All Day Tuesday

Elizabethtown Fri-Sat 10:15, 1:15, 4:15, 7:15, 10:15; Sun-Thu 10:15, 1:15, 4:15, 7:15

The Greatest Game Ever Played 10:45, 4:45. \$5 All Day Tuesday

A History of Violence Fri-Sat 10:15, 12:45, 3:15, 5:45, 8:15, 10:45. \$5 All Day Tuesday; Sun-Thu 10:15, 12:45, 3:15, 5:45, 8:15. \$5 All Day Tuesday

In Her Shoes Fri-Sat 10:30, 1:30, 4:30, 7:30, 10:00; Sun-Thu 10:30, 1:30, 4:30, 7:30

North Country Fri-Sat 10:00, 1:00, 4:00, 7:00, 10:00; Sun-Thu 10:00, 1:00, 4:00, 7:00

Two for the Money Fri-Sat 1:45, 7:45, 10:45; Sun-Thu 1:45, 7:45

ESCONDIDO

3. Regal Cinemas Escondido Stadium 16

760-291-0119 | 350 W. Valley Parkway

Domino 12:15, 3:40, 6:50, 9:45

Doom 11:45, 3:00, 7:40, 10:45

Dreamer: Inspired by a True Story 12:25, 3:05, 6:55, 10:10

Elizabethtown 12:35, 4:05, 7:15, 10:15

Flightplan 12:30, 3:50, 7:05, 9:45

The Fog 12:55, 4:45, 7:50, 10:35

The Greatest Game Ever Played 12:50, 3:55, 7:10, 10:05

A History of Violence 1:05, 4:00, 7:45, 10:15

In Her Shoes 1:00, 4:10, 7:30, 10:30

Kids in America 12:45, 3:20, 7:05, 9:50

North Country 12:00, 3:15, 7:20, 10:20

Serenity 11:55, 3:30, 6:45, 9:40

Stay 12:20, 3:35, 7:00, 9:50

Tim Burton's Corpse Bride 12:10, 2:40, 5:10, 7:55, 10:25

Two for the Money 4:20, 10:40

Waiting 12:05, 7:35

Wallace & Gromit: The Curse of the Were-Rabbit 1:10, 3:45, 7:25, 9:55

OCEANSIDE

4. Cinema Star Mission Marketplace 13

760-806-1790 | 431 College Blvd.

Domino 12:45, 3:45, 6:50, 9:45

Doom 12:05, 1:00, 2:35, 3:35, 5:05, 6:40, 7:40, 9:45, 10:15

Dreamer: Inspired by a True Story 12:20, 2:50, 5:20, 7:50, 10:20

Elizabethtown 1:00, 4:00, 7:00, 10:00

Flightplan 12:00, 2:20, 4:50, 7:10, 9:40

The Fog 12:10, 2:40, 5:10, 7:45, 10:20

North Country 12:30, 3:30, 7:00, 10:00

Serenity 12:10, 3:05, 6:30, 9:30

Stay 12:05, 2:35, 5:05, 7:40, 10:15

Two for the Money 12:25, 3:25, 6:25, 9:25

Waiting 12:15, 2:50, 5:15, 7:50, 10:10

Wallace & Gromit: The Curse of the Were-Rabbit 12:15, 2:45, 5:15, 7:30, 9:50

5. Regal Oceanside 16

800-326-3264 | 401 Mission Ave.

The 40 Year-Old Virgin 11:45, 4:55, 10:20

Domino 12:25, 3:55, 7:05, 9:55

Doom Fri 12:00, 12:30, 2:25, 2:55, 4:50, 5:20, 7:10, 7:40, 9:35, 10:05, 12:00; Sat-Thu 12:00, 12:30, 2:25, 2:55, 4:50, 5:20, 7:10, 7:40, 9:35, 10:05

Dreamer: Inspired by a True Story Fri 11:50, 2:15, 4:40, 7:00, 9:25, 11:45; Sat-Thu 11:50, 2:15, 4:40, 7:00, 9:25

Elizabethtown 11:45, 2:30, 5:15, 8:00, 10:45

Flightplan Fri 11:30, 2:05, 4:40, 7:15, 9:35, 11:55; Sat-Thu 11:30, 2:05, 4:40, 7:15, 9:35

The Fog Fri 12:15, 3:00, 5:20, 7:45, 10:05, 12:15; Sat-Thu 12:15, 3:00, 5:20, 7:45, 10:05

A History of Violence Fri 12:30, 2:45, 4:55, 7:05, 9:25, 11:40; Sat-Thu 12:30, 2:45, 4:55, 7:05, 9:25

In Her Shoes 1:00, 4:00, 7:00, 10:00

North Country 12:50, 3:45, 6:50, 9:40

Serenity 2:20, 7:40

Stay Fri 11:45, 2:10, 4:30, 6:55, 9:15, 11:35; Sat-Thu 11:45, 2:10, 4:30, 6:55, 9:15

Tim Burton's Corpse Bride Fri 12:50, 2:50, 4:50, 6:45, 9:20, 11:15; Sat-Thu 12:50, 2:50, 4:50, 6:45, 9:20

Two for the Money 11:30, 2:20, 5:05, 7:50, 10:35

Waiting Fri 12:55, 3:05, 5:15, 7:25, 9:35, 11:50; Sat-Thu 12:55, 3:05, 5:15, 7:25, 9:35

Wallace & Gromit: The Curse of the Were-Rabbit Fri 12:20, 2:40, 5:00, 7:20, 9:40, 11:50; Sat-Thu 12:20, 2:40, 5:00, 7:20, 9:40

SAN MARCOS

6. Edwards San Marcos Stadium 18
800-326-3264 | 1180 West San Marcos Blvd.

Charlie and the Chocolate Factory Tue-Wed 1:05, 7:30. OC-Open Caption

Domino Fri-Mon 1:05, 4:10, 7:30, 10:35; Tue-Wed 4:10, 10:35; Thu 1:05, 4:10, 7:30, 10:35

Doom Fri-Sat 10:55, 1:30, 4:30, 7:00, 9:30, 12:10; Sun-Thu 10:55, 1:30, 4:30, 7:00, 9:30

Down and Derby 11:00, 1:20, 3:50, 6:30

Dreamer: Inspired by a True Story 11:10, 1:50, 4:30, 7:10, 9:50

Elizabethtown 12:00, 3:05, 7:05, 9:05, 10:05

Flightplan 12:55, 3:40, 6:55, 9:45

The Fog 1:40, 4:35, 7:15, 9:55

The Greatest Game Ever Played 2:10, 5:05, 8:00

A History of Violence 11:40, 2:05, 4:15, 7:45, 10:00

In Her Shoes 1:10, 4:25, 7:35, 10:40

Just Like Heaven 10:20

Kids in America 1:45, 4:20, 7:00, 9:25

North Country 1:00, 4:00, 7:05, 10:15

Serenity 11:30, 2:15, 5:00, 7:50, 10:25

Stay 11:15, 1:55, 4:40, 7:20, 9:55

Tim Burton's Corpse Bride 12:30, 2:50, 5:10, 7:25, 10:10

Two for the Money 12:15, 3:20, 7:15

Waiting 11:45, 10:30

Wallace & Gromit: The Curse of the Were-Rabbit 11:05, 1:35, 3:55, 6:50, 9:50

The Work and the Glory: American Zion 1:25, 4:05, 7:10, 9:40

VISTA

7. Krikorian MetroPlex 15 at Vista Village
760-945-7469 | 25 Main St.

Domino 11:05, 1:55, 4:50, 7:45, 10:40

Doom 11:00, 1:45, 1:40, 2:25, 4:20, 5:10, 7:00, 8:00, 9:40, 10:35

Dreamer: Inspired by a True Story 11:30, 2:05, 4:40, 7:15, 9:50; Mon 12:00, 2:05, 4:40, 7:15, 9:50; Tue-Thu 11:30, 2:05, 4:40, 7:15, 9:50

Elizabethtown 12:50, 3:50, 7:05, 10:05

Flightplan 12:15, 2:45, 5:15, 8:00, 10:30

The Fog 11:15, 1:45, 4:35, 7:20, 9:55. Special Engagement

The Greatest Game Ever Played 11:25, 7:15

A History of Violence 2:15, 4:45, 9:55

In Her Shoes 1:00, 4:00, 7:10, 10:10

North Country 11:00, 1:50, 4:40, 7:30, 10:30

Stay 12:05, 2:40, 5:15, 7:50, 10:20

Tim Burton's Corpse Bride 11:00, 1:15, 3:20, 5:25, 7:35, 9:45

Two for the Money 11:10, 2:00, 4:55, 7:55, 10:45

Waiting 12:05, 2:30, 5:00, 7:25, 9:50

Wallace & Gromit: The Curse of the Were-Rabbit 11:20, 1:50, 4:20, 7:00, 9:30

Mommyhood

>From B1

and joy can come simultaneously when you are a parent, according to San Marcos mother, author and entrepreneur, Watson Smith.

"We feel all these emotions at once, but that is OK and I want [parents] to realize that there is a community out there for them that supports them in being a parent," Watson Smith said. "It is like a silent sense of maternal community that I would like the book to create. A resource that says, 'You are not alone.'"

Including a chronological account of each mother's day, in their own unedited voice, was also important to the North County mother.

"There were very few stipulations that I asked for when requesting entries for the book," Watson Smith said.

Book signings and questions-and-answers with the author

- 9 a.m. to noon Nov. 9 at Nana's Garden in Beverly Hills
- 7 to 9 p.m. Nov. 16 at El Torito Grill in Encinitas

"What I wanted was for moms to be honest and I wanted them to write down their day without worrying about editing or worrying about what people thought; I just wanted them to be heartfelt and write it all down."

Submitting two entries, one attributed and one anonymous, San Diego mother and author Samantha Gianulis felt as though mothers could relate to the subject matter she wrote about.

"Love with total abandonment, fear about circumstances



Susanna Bartee shares her experiences with her children, from left, Samuel Bartee, 7 months, Hannah Bartee, 9, and Lucy Bartee, 2, in the new release "Mommyhood Diaries." Shane Bartee

beyond my control as a parent, the bonds of family and the pain of separation," Gianulis said. "I felt in many ways that we were an average American nuclear family and was blessed to be writing about such light-hearted issues."

Moved by the submission from a homeless mother, Watson Smith decided to donate a portion of the book's proceeds to support homeless families. Donations will be made directly to St. Vincent de Paul's in San Diego and will benefit free programs at the center such as parenting classes, programs for placing homeless babies, providing residences for members of the community, prenatal programs and help to supply necessities for newborn babies.

"Mommyhood Diaries" is already being considered a valuable resource for mothers and fathers by the parents who contributed to the journal.

"I hope the book makes any reader feel like she is not alone," said Susanna Bartee, German mother of three. "Motherhood can be isolating and overwhelming at times. We may say it is the most important job in the world, but it rarely feels that way in the nitty-gritty."

This intimate peek into the lives of 101 mothers around the world as they share an ordinary day in their life brings recognition about the many facets of motherhood. To Watson Smith the "biggest reward is how it humbled me and made me appreciate everything I have," she said.